

Participating practices

Appleson Optometrists

Appleson Optometrists / Wetherby Eye Clinic,
43 Market Place, Wetherby, Leeds, LS22 6LN
01937 583278

Boots Opticians

26-28 Cambridge Street,
Harrogate, HG1 1RX
0345 1253776

Boots Opticians Ripon

27 Market Place West,
Ripon, HG4 1BN
01765 605071

Catherine Veen Optometrist

6 Victoria Avenue,
Harrogate, HG1 1ED
01423 520888

Christopher Nixon Optometrist

35 High Street,
Starbeck, HG2 7LQ
01423 885764

Cowen & Morgan Optometrist

22 Westgate,
Ripon, HG4 2BQ
01765 600561

Darryl Taylor Optometrist

84 High Street,
Knaresbrough, HG5 0EA
01423 862142

Eyecatchers Optometrist

87A Skipton Road,
Harrogate, HG1 4LF
01423 568083

Kingston White Opticians

2 Park Place,
Knaresborough, HG5 0ER
01423 867550

Page & Smith Opticians

4 Royal Parade,
Harrogate, HG1 2SZ
01423 562616

Paul Rutter Optometrist

7 Southend,
Bedale, DL8 2BJ
01677 424142

Peacock & Row Optometrist

Unit 2 Moss's Arcade
Ripon, HG4 1AG
01765 603484

Bayfields Opticians

16 Parliament Street,
Harrogate, HG1 2QZ
01423 531700

R.A.Orkney Optometrist

1, High Street,
Leyburn, DL8 5AQ
01969 623001

Samantha Parker Optometrist

13 Market Place,
Knaresbrough, HG5 8AL
01423 866475

Specsavers Harrogate

18 Beulah Street
Harrogate, HG1 1QH
01423 564515

Specsavers Ripon

28-29 Market Place West,
Ripon HG4 1BN
01765 694777

Specsavers Wetherby

Unit 3 Horsefair Shopping Centre,
LS22 6FL
01937 545370

The Vale Opticians

1 High Street
Boroughbridge, YO51 9AW
01423 323450

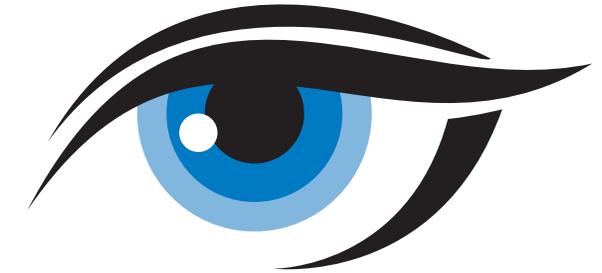
Yorkshire Eyewear Knaresborough

65 High Street,
Knaresborough, HG5 0HB
01423 799997



**Are you registered
with a Harrogate
and Rural District
GP Practice?**

**Do you
have a
Minor
Eye
Problem?**



A consultation can be obtained from a participating optometrist if you have a problem with your eyes, such as sore eyes, red eyes or visual disturbance. It may be appropriate for you to be assessed and treated by our local Minor Eye Conditions Service

Minor irritation or injury to the front of the eye doesn't always require medical treatment - it should clear up within 24 hours. Please refer to the eye care advice on NHS.UK (www.nhs.uk/conditions/eyeinjuries) or visit your local pharmacy in the first instance for advice.

www.primary-eyecare-north-yorkshire-and-humber.org

Published by www.locsu.co.uk

If you are registered with a Harrogate and Rural District GP Practice and if symptoms persist, you can be assessed and treated by our local Minor Eye Conditions Service.

This is a free NHS service available from a number of local opticians. See below for more information of what conditions are covered and how to book an appointment.

What is a Minor Eye Conditions Service (MECS)?

Conditions that can be seen under the service include:

- Red eye or eyelids
- Dry eye, or gritty and uncomfortable eyes
- Irritation and inflammation of the eye
- Significant recent sticky discharge from the eye or watery eye
- Recently occurring flashes or floaters
- Ingrowing eyelashes
- Recent and sudden loss of vision
- Foreign body in the eye

Please note, this is not a sight test

Also, if you have a major eye condition that is being regularly monitored by your optometrist or hospital eye service, this will not be covered by this service; for example, cataracts, diabetic retinopathy or glaucoma.

Where should I go?

Registered optometry practices (opticians) offering the service are listed on the back of this leaflet. An appointment will normally be required, so telephone first. Appointments are available during normal working hours and some practices offer appointments at weekends. Not all practices have an optometrist available every day, but if they don't, they will be able to find you an alternative appointment nearby if your symptoms are urgent.

Who is this service for?

If you are over 18 yrs and registered with a Harrogate and Rural District GP you can use this free service.

How do I book an appointment with the service?

To make an appointment, call one of the opticians on the back of this leaflet. You will be asked some questions about your symptoms in order to assess how quickly you need to be seen by the service, which will be within 24 hours in urgent cases.

Please take your glasses and a list of your current medication with you to the appointment. The optometrist may put drops in your eyes to enlarge your pupils in order to get a better view inside your eyes. You should not drive until the effects of these drops have worn off, which may take a few hours.

If your condition is more serious, the optometrist will book you an urgent appointment at a hospital eye clinic. If you need a routine appointment with a hospital, the optometrist will organise this for you.

You may also be advised to make an appointment with your GP if your eye condition is in relation to your general health.

