

LivingWell

Smokefree



**“I have so
much more
energy for
the kids”**

Enjoy your family time again.
We're here to help.

T: 01609 79 7272

E: stop.smoking@northyorks.gov.uk

w: northyorks.gov.uk/stopping-smoking

BECAUSE THERE'S ONLY
ONE YOU

LivingWell
in North Yorkshire

