



Clinical Thresholds

Condition or Treatment	Optometry Service
Commissioning Threshold	<p>Eye conditions within the scope of the Optometry service.</p> <ul style="list-style-type: none"> • To provide an assessment and management advice for dry Age Related Macular Degeneration until the condition can be managed within GOS arrangements. • To provide an assessment and management advice for blurred vision. • To provide an assessment and management advice for field loss. • To provide an assessment and investigation of floaters and flashes for differential diagnosis of Posterior Vitreous Detachment or retinal detachment, with immediate onward referral to HES for retinal detachment. • To provide an investigation and management advice for headaches to rule out eye conditions as a cause. • To provide an investigation and management advice for non penetrating foreign bodies where necessary referring back to GP for Prescription only Medicine to assist healing. • To provide an assessment and management advice for red eyes, dry eyes and sore eyes including conditions such as conjunctivitis (bacterial, allergic and viral) and dry eyes. Where necessary, follow up after 2/3 weeks from time of assessment to consider alternative treatment advice if no improvement. • To provide an assessment and management advice for lid disease i.e. blepharitis, entropion, ectropion, Meibomian gland dysfunction. Where necessary, follow up after 2/3 weeks from time of assessment to consider alternative treatment advice if no improvement. Meibomian cysts needing excision would be referred to the local HES (see separate referral threshold) • To provide an assessment and management advice for diplopia. • To provide an assessment and management of pigmentary changes in fundus including peripheral degenerations, choroiditis, macula changes and choroidal naevi. This must only be performed using a fundus camera. <p>Exclusions</p> <ul style="list-style-type: none"> • Clinically Urgent sight threatening conditions, acute loss of vision, all eye emergencies and all 2 week wait referrals will not be included within this LES and should be referred to the local HES as per usual GP practice and community optometrist procedures. • Specific conditions excluded from this service include (but are not restricted to): <ul style="list-style-type: none"> ○ Sudden onset diplopia ○ Painful eyes with reduced vision ○ Wet Age Related Macular Degeneration

	<ul style="list-style-type: none"> ○ Suspected cancer conditions ● Also outside the scope of this scheme is: <ul style="list-style-type: none"> ○ Routine refraction ○ Diabetic retinopathy screening is separately commissioned as part of a systemic 12,000 plus population size programme where the screening programme provider is compliant with the standards and QA set out by the National Screening Programme for Diabetic Retinopathy.
Referral Guidance	Referral guidance only.
Effective from	April 2013
Summary of evidence / rationale	This threshold identifies the scope of the optometry service as laid out in the service specification.
Date	October 2014
Review Date	October 2016
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