

Vulnerable people and mental health

Improving mental wellbeing and
moving towards parity of esteem

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NHS Harrogate and Rural District CCG

Instructions

- The buttons on the keypad correspond to the answers on the screen (for example A, B, C, D)
- Use the buttons on the keypad to select your answer
- You can only answer once so make sure you press the right button!



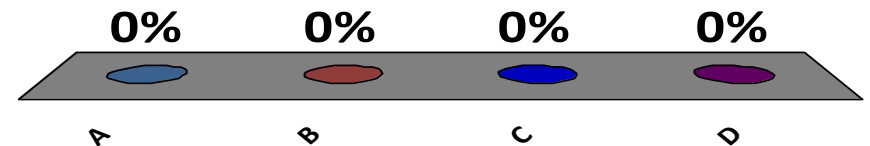
Test question – Please press

A. A

B. B

C. C

D. D



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Priorities

Provide consistently high quality and safe care, seven days a week

Deliver the best outcomes that are clinically and financially sustainable

Reduce health inequality

No health without mental health

Develop integrated health and social care

- Pro-actively identify people with complex needs including dementia
- Joint assessment and joint support planning

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Priorities

Improve quality of care in residential and nursing homes

Improve services for people with Dementia (early diagnosis, carer support, advice and information)

Improve outcomes for people with learning disabilities

- Joint commissioning and pooled budgets
- Early diagnosis of autism

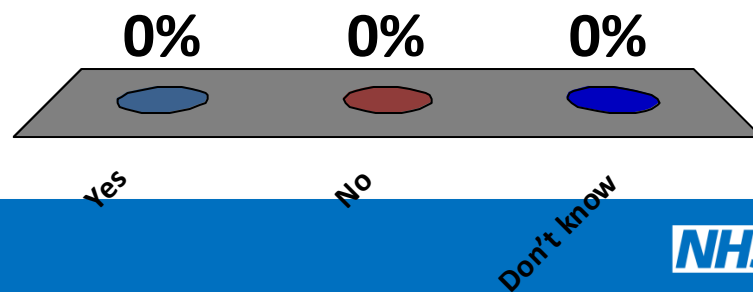
Improve access to psychological therapies

Improve services for carers

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Do you agree with these priorities to improve mental health services

- A. Yes
- B. No
- C. Don't know



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Achievement's so far.....

Commissioned more psychological therapies - Access to psychological therapies (IAPT)

Funded new Autism service – designed a service fit for purpose

Commissioned more mental health nurses for people in crisis

Improved quality of care for people with dementia in hospital and care homes

Routine reviews of people with dementia conveniently arranged with GPs, freeing up 700 appointments at the memory clinic for new and complex patients

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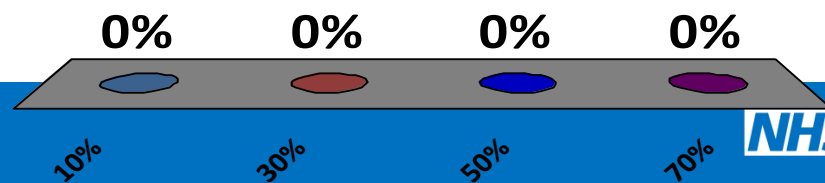
Milestones 2014/15	Milestones 2015/16
Mental health review	Implement newly designed mental health services
Implement One GP per Care Home	Continue to increase the capacity of dementia services
Developing a crisis service that is accessible and responsive to people's needs	
Introduce new Enhanced Mental Health Liaison service in Harrogate Hospital	



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What proportion of our total new investment is in mental health services?

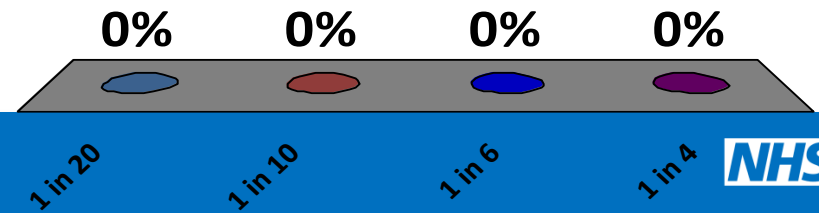
- A. 10%
- B. 30%
- C. 50%
- D. 70%



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What % of the local population will have a mental health condition at some time?

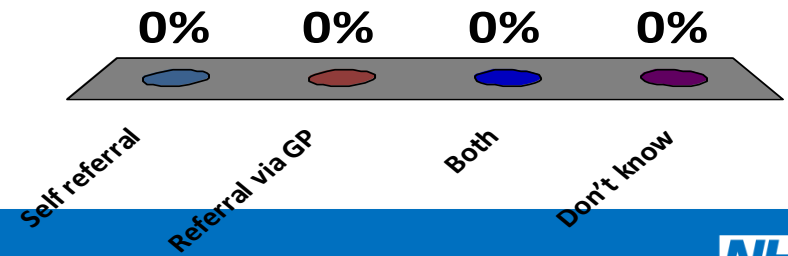
- A. 1 in 20
- B. 1 in 10
- C. 1 in 6
- D. 1 in 4



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What would be the best way to access counselling services?

- A. Self referral
- B. Referral via GP
- C. Both
- D. Don't know

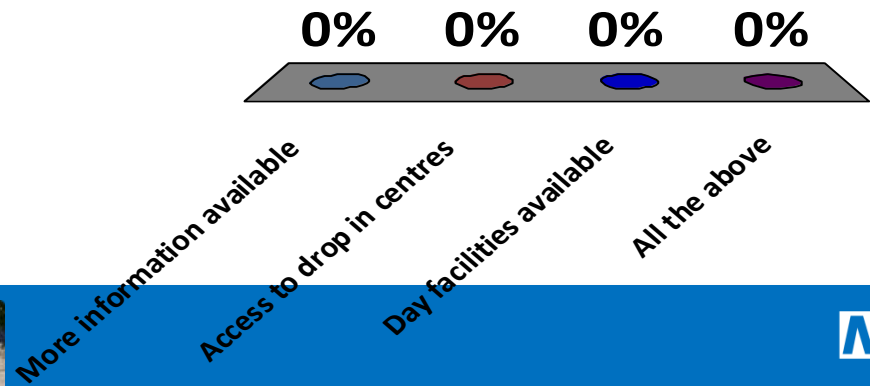


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Self care – keeping healthy

What can we do to help you keep mentally healthy?

- A. More information available
- B. Access to drop in centres
- C. Day facilities available
- D. All the above



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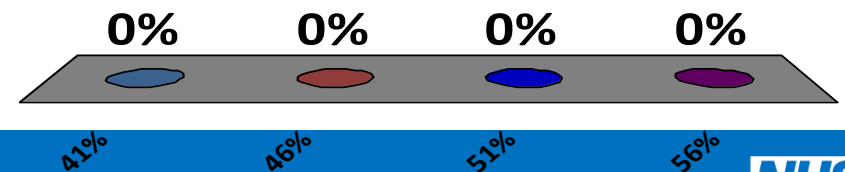
Dementia

- Dementia prevalence is rising due to an ageing population
- Nationally only 47.2% of people with dementia have been formally diagnosed

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In HaRD what proportion of people who have dementia have been diagnosed?

- A. 41%
- B. 46%
- C. 51%
- D. 56%



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Dementia

In HaRD

- There are 1323 people diagnosed with dementia (2012/13)
- It is estimated that there are 2593 people living with dementia
- 1270 people who have dementia do not have a diagnosis

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LATEST NEWS

Increased Mental health Liaison Team supporting people in care homes

Extra £250,000 agreed for psychological therapies in Harrogate area

Enhanced Mental Health Liaison in A and E and on the wards at Harrogate Foundation Trust

An investment of over £400,000 to deal with demand for children's autism assessments

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Next Steps

Implementation of newly designed Mental Health services in Harrogate and Rural District

Increased diagnosis rates for Dementia and working to make Harrogate and Rural District Dementia Friendly

Thank you for taking part

For more information:

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