



Clinical Thresholds

Condition or Treatment	Urinary Incontinence Surgery (Female)
Commissioning Threshold	<p>Threshold for referral for surgery:</p> <ol style="list-style-type: none"> 1. The following assessment should be undertaken in primary care prior to referral (refer to local Continence Services): <ul style="list-style-type: none"> • UTI excluded or treated • Initial assessment and categorisation of incontinence • Voiding dysfunction excluded (refer to secondary care if this is confirmed/suspected) <p>In addition patients should have been given advice on:</p> <ul style="list-style-type: none"> • Advice on weight loss if BMI over 30 • Advice on fluid intake including effect of caffeine/alcohol <ol style="list-style-type: none"> 2. First-line conservative management to be undertaken in primary care as follows: <ul style="list-style-type: none"> • A trial of supervised pelvic floor muscle training for at least 3 months (stress/mixed incontinence) <p>AND/OR</p> <ul style="list-style-type: none"> • Bladder retraining lasting for a minimum of 6 weeks +/- antimuscarinic (urge/mixed incontinence) <p>In addition, if appropriate: topical vaginal oestrogens in post-menopausal women with urogenital atrophy</p>
Referral Guidance	<p>If the request does not meet criteria an IFR form should be submitted to the CCG's Individual Funding Request Panel.</p> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; width: fit-content; margin: 10px auto;"> <p style="text-align: center; margin: 0;">Referral Form</p> </div>
Effective from	April 2013
Summary of evidence / rationale	NICE guidance advocates the use of conservative measures before surgical treatments. NICE CG171: Urinary incontinence: The management of urinary incontinence in women September 2013
Date	October 2014
Review Date	October 2016
Contact for this policy	<p>Dr Bruce Willoughby GP / Governing Member Brucewilloughby@nhs.net</p>

References:

1. NICE CG171: Urinary incontinence: The Management of Urinary Incontinence in Women September 2013
<http://www.nice.org.uk/guidance/CG171>