



Clinical Thresholds

Condition or Treatment	Hysterectomy for menorrhagia
Commissioning Threshold	<p>Hysterectomy for heavy menstrual bleeding will only be commissioned when any clinically appropriate conservative treatment has failed or is contraindicated. For the avoidance of doubt, this means that 'patient choice' to opt for Hysterectomy without any form of prior conservative treatment is not routinely commissioned.</p> <p>Treatments/investigations to be undertaken in primary care:</p> <ul style="list-style-type: none"> • Haemoglobin value • Pelvic Ultrasound <p>Evidence is required that conservative management has been undertaken in Primary Care including:</p> <p>First line treatment:</p> <ul style="list-style-type: none"> • Levonorgestrel-releasing intrauterine system (LNG-IUS) <p>Second line treatment:</p> <ul style="list-style-type: none"> • Tranexemic acid • Non-steroidal anti-inflammatory drugs (NSAIDs) • Combined oral contraceptives <p>Third line treatment:</p> <ul style="list-style-type: none"> • Oral progestogen (norethisterone) • Injected progestogen <p>If surgical intervention is being considered, discuss with the patient the option of endometrial ablation as an alternative to hysterectomy.</p>
Referral Guidance	<p>Not routinely commissioned. Exceptional cases can be referred to the CCG's Individual Funding Request Panel for prior approval.</p> <p style="text-align: center;">Referral Form</p>
Effective from	April 2013
Summary of evidence / rationale	<p>The supporting evidence in this section is based mainly on the evidence reviews and statements from the clinical guidelines on heavy menstrual bleeding, published by the National Institute for Health and Care Excellence [National Collaborating Centre for Women's and Children's Health, 2007]. For details of the primary studies and systematic reviews which NICE used to make their recommendations and a full bibliography, see the full guideline at http://www.nice.org.uk/search?q=hysterectomy</p>
Date	October 2014
Review Date	October 2016

Contact for this policy

Dr Bruce Willoughby
GP / Governing Member
Brucewilloughby@nhs.net

References:

1. NICE - see the full guideline at <http://www.nice.org.uk/search?q=hysterectomy>
2. FSRH (2007) FSRH guidance (November 2007): intrauterine contraception. Faculty of Sexual & Reproductive Healthcare.
<http://www.fsrh.org/pdfs/CEUGuidanceintrauterineContraceptionNov07.pdf>
3. National Collaborating Centre for Women's and Children's Health (2007) Heavy menstrual bleeding (full NICE guideline). . Clinical guideline 44. Royal College of Obstetricians and Gynaecologists.
<http://www.nice.org.uk/guidance/CG44>