



Harrogate and Rural District Clinical Commissioning Group (CCG)

Local Transformation Plan for Children and Young People's Emotional and Mental Health 2015-2020

October 2017 Refresh

Executive Summary

In 2015 an important document called Future in Mind was published. This set out a number of ways to improve mental health care for children and young people. Following this report Hambleton, Richmondshire and Whitby CCG worked with local partners to write the 2015 '**Local Transformation Plan for Children and Young People's Emotional and Mental Health**'. The Local Transformation Plan is refreshed annually and this is a summary of the 2017 refreshed Local Transformation Plan.

The 2015 **Local Transformation Plan (LTP)** for Children and Young People's Emotional and Mental Health made a commitment to work together and share resources across North Yorkshire to help young people to:

- Grow up confident and resilient
- Easily find mental health support when you need it
- Get the right support at the right time
- Be fully involved in deciding on your support

Since 2015 a lot of changes have been made to help achieve this vision including:

- A new eating disorder service
- Reduced waiting times for specialist mental health services
- A new service in schools called Compass BUZZ
- A new crisis service to support children and young people in a crisis.

There is still more to do and in 2017/18 the aim is to:

- Reduce the time it takes to receive treatment for an eating disorder
- Launch an anti-stigma campaign with partners
- Launch a texting support service through Compass BUZZ
- Listen more to children, young people and their families.

What you think about mental health services is important. If there is anything you want to say about mental health services, please do let us know. You can contact the Children and Young Peoples Commissioning team on ny.cyp@nhs.net